# Friends Academy

### Trailblazers

Rising Grade 3 - Rising Grade 8
Summer 2023 Program Options

June 26th - August 11th

9:30am - 4:00pm

Sunrise Hours: 8:00am - 9:30am

**#FunwithFriends** 

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Each week Trailblazers <u>select two (2) programs</u> of choice. Trailblazers receive a morning and afternoon session in their program of choice for the week. <u>Program changes cannot be made after the Monday of any given week.</u>

#### **Summer Program Weeks**

Week 1: June 26th - June 30th

Week 2: July 3rd - July 7th

Week 3: July 10th - July 14th

Week 4: July 17th - July 21st

Week 5: July 24th - July 28th

Week 6: July 31st - August 4th

Week 7: August 7th - August 11th



## #FunwithFriends FriendsAcademyPrograms



### Friends TRAILBLAZERS PROGRAM

Rising Grades 3 - 8



WEEK 1

6/26 - 6/30

WEEK 2

7/3 - 7/7

WEEK 3 7/10 - 7/14

WEEK 4 7/17 - 7/21

WEEK 5 7/24 - 7/28

WEEK 6 7/31 - 8/4

WEEK 7 8/7 - 8/11

Morning

**Multi-Sports** 

Chess

**Breakfast Bites** 

Annie the Musical

Afternoon

**Multi-Sports** 

**Drip Painting** 

**Breakfast Bites** 

Just Dance: Jazz

Morning

**Multi-Sports** 

Eats & Treats

Dear Evan Hansen Musical

Afternoon

**Multi-Sports** 

**Eats & Treats** 

**Summer Beats** 

Morning

**Multi-Sports** 

Taste of Italy

**Tik-Tok Dance** 

Annie the Musical

Afternoon

**Multi-Sports** 

Taste of Italy

Cheerleading

Soca Dance

Morning

**Multi-Sports** 

Around the World

**Messy Science** 

**App Building** 

Afternoon

**Multi-Sports** 

Around the World

Van Gogh

African Dance

Morning

**Multi-Sports** 

Edible Science

**Landscape Painting** 

Cheerleading

Afternoon

**Multi-Sports** 

Chess

**App Building** 

Taste of Italy

Morning

**Multi-Sports** 

**Drip Painting** 

**App Building** 

African Dance

**Afternoon** 

**Multi-Sports** 

Chess

**Breakfast Bites** 

Sensational Science

Just Dance: Jazz

Morning

**Multi-Sports** 

**Edible Science** 

Cheerleading

Soca Dance

Afternoon

**Multi-Sports** 

**Sensational Science** 

Eats & Treats

Chess

**Summer Beats** 

Trailblazers will have the opportunity to take two (2) classes each day. AM/PM Classes must selected at time of enrollment.













#### **Broadway Beginners: Dear Evan Hansen**

Discover the magic of musical theatre and create a performance to be shared with families! This class emphasizes creative expression through acting, singing, and movement to the hit musical Dear Evan Hansen. Week: 2



#### **App Building**

Do you want to design your own games or apps? Love Roblox or Minecraft? In this program, children will learn the skills of a game maker through conceiving, designing, and creating their own mobile app games. Weeks: 4, 5, 6



#### **Broadway Beginners: Annie the Musical**

Discover the magic of musical theatre and create a performance to be shared with families! This class emphasizes creative expression through acting, singing, and movement to the hit musical Annie. Weeks: 1 & 3



Chess

This program will help students learn the basic knowledge of chess: piece movement, check, and checkmate. Students are grouped by grade levels and receive both instruction and guided game play during each session. Weeks: 1, 5, 6, 7



#### **Eats & Treats**

In this introduction to baking class, children will focus on learning some of the basic practices of baking and also the fun of transformation including decorating. **Weeks: 2 & 7** 



Taste of Italy

That's Amore! Children will cook and bake and indulge in delightfully simple and still incredibly flavorful Italian food. Weeks: 3 & 5



#### **Breakfast Bites**

They say it's the most important meal of the day. Whether you're craving something savory or sweet, why not learn to make some of your favorite breakfast dishes?

Weeks: 1 & 6



#### **Around the World**

In this unique cooking class, children learn all about food! Children will learn about food safety, meet new friends, and cook various international dishes! **Week: 4** 



#### Cheerleading

The program will incorporate basic tumbling, cheer motions, dance, beginner stunts and most of all spirit! Classes will focus on acknowledging each attempt and rewarding every success. **Weeks: 3, 5, 7** 



**Multi-Sports** 

Participants will play a variety of sports from soccer, ultimate frisbee, basketball, kickball and more! **Weeks 1-7** 



#### **Drip Painting**

In this art program children will learn and create artwork inspired by Jackson Pollock, a renowned Abstract Expressionist. **Weeks 1 & 6** 



Van Gogh

In this art program children will learn to draw and color various paintings of the legendary Vincent Van Gogh. **Week: 4** 



**Landscape Painting** 

In this art program children will follow along step by step as they learn to draw and paint beautiful landscapes in watercolor. **Week: 5** 



**Messy Science** 

Don't be afraid to get down and dirty with some hands-on science experiments! **Week: 4** 



**Edible Science** 

Grab a beaker, pick up your whisk, and get ready to cook up some solid science. Using food as our tools and/or ingredients!)

Weeks: 5 & 7



**Sensational Science** 

Do you have a budding scientist on your hands? This is the perfect program to help them learn about the world around them according to science. **Weeks 6 & 7** 



**Summer Beats** 

This dance class is designed to introduce hip-hop dance. **Weeks 2 & 7** 



**Tik-Tok Dance** 

Dance to the hits of the Tik -Tok. No screens are needed! **Week: 3** 



**Just Dance: Jazz** 

Children will learn through a guided stretch, jazz technique skills, and a jazz styled combination. All levels of experience are welcome.

Weeks: 1 & 6



**Soca Stars** 

This high energy movement and dance classes will introduce children to the rhythms, movement and music of Caribbean Carnival! Week: 3 & 7



**African Dance** 

This class will teach the fundamentals of traditional African dance with an emphasis on an understanding of the accompanying drum rhythms. **Weeks: 4 & 6** 

Please email Summer@fa.org or call 516-393-4207 if you have any questions regarding programs