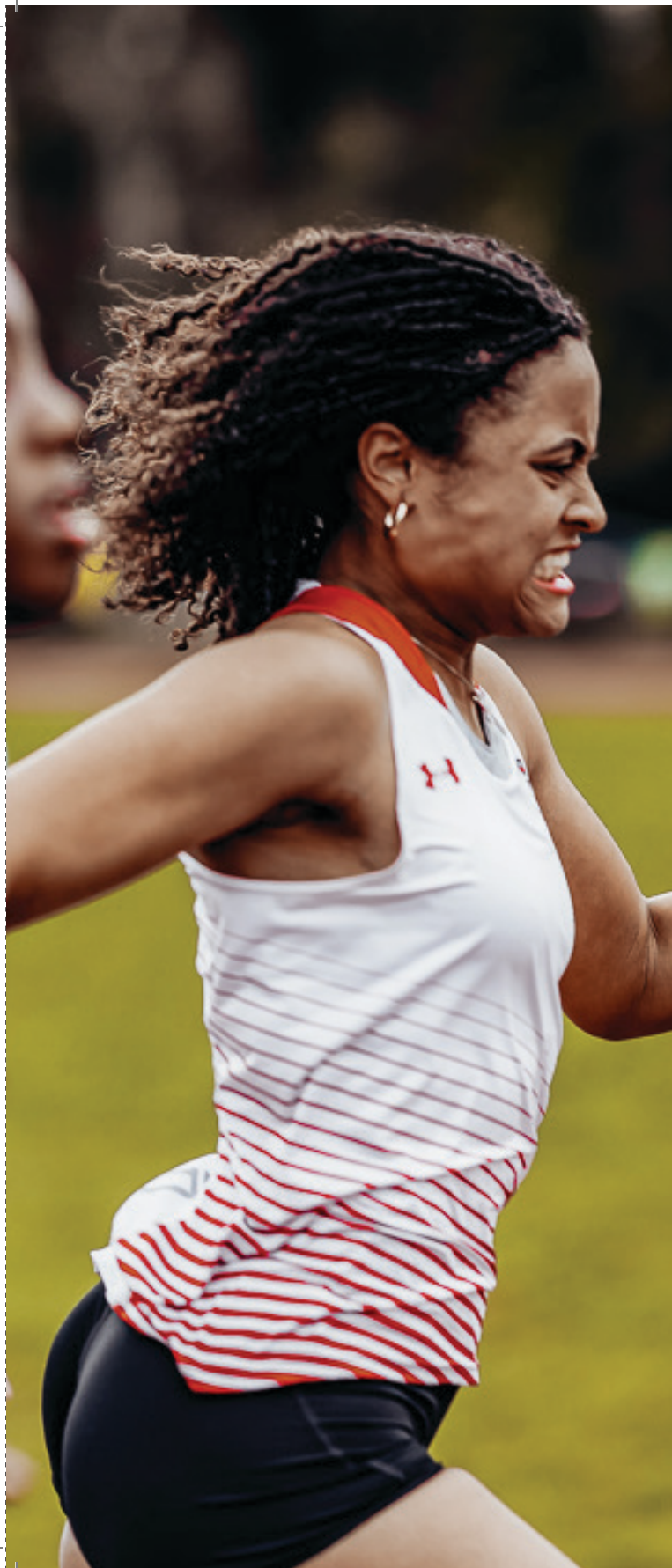




Championship Teams

Over the 30 years Friends has been a member of *Section VIII* of the NY State Public HS Athletic Association, we have earned numerous honors, including:

County Championships: 57
Long Island Championships: 29
Sectional Regional Titles: 17
State Championships: 8



Experienced Coaches

Our coaches have an average of *10+ years* of coaching Varsity sports at Friends. Plus, over *60% of our coaches* also teach full-time at Friends Academy, and therefore form relationships with our student-athletes on and off the field.

We get to know our student-athletes on a personal level and instill the Quaker mission of our school through both teaching and coaching.



Athletics

Friends ¹⁸⁷⁶
Academy





Full of Opportunities

We are the only independent school to play in the public school league; *86% of 7th through 12th graders* play a sport. Our athletic program is highly inclusive – we rarely cut any students.

On average, *10%* of our student-athletes commit to play at the collegiate level. The national average is 7%.

FALL SPORTS

Boys: Soccer*, Cross Country*, Football*
Girls: Soccer*, Cross Country*, Tennis, Field Hockey*, Cheer, Volleyball*
Co-ed: Crew

WINTER SPORTS

Boys: Basketball*, Winter Track*, Ice Hockey*
Girls: Basketball*, Winter Track*, Ice Hockey*, Dance Team, Volleyball* (MS only)
Co-ed: Squash*

SPRING SPORTS

Boys: Track & Field*, Golf, Lacrosse, Tennis, Baseball
Girls: Track & Field*, Golf, Lacrosse, Softball
Co-ed: Crew

* Offered in Middle School



Sportsmanship Philosophy

The Section VIII Athletic Association is committed to promoting the ideals of sportsmanship and includes the concepts of ethical conduct and fair play. Friends Academy, in keeping with their philosophy, holds each athlete and team to the *highest standard of conduct and sportsmanship*, and is the foundation upon which each team is built



Choose Excellence

Guided by our Quaker principles, Friends Academy educates our students to discover and develop the best of who they are and who they can become.

 Find us on Instagram!
[@friendsacademyathletics](https://www.instagram.com/friendsacademyathletics)



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